

Terms and Conditions of Ray of Light Teacher Training

What's included?

- Nine weekends of face-to-face training with Rachel and guest trainers at Ray of light in Bulli NSW.
- One three day weekend in October
- Nourishing vegetarian breakfast, lunch and refreshments
- Teacher training manual plus 2 text books
- Three one hour sessions with Rachel for home practice development

How will we communicate?

We have a closed Facebook group and a google drive where we will be posting links to resources such as article and videos you'll be required to read and watch. You are also invited to post questions and to seek clarification from each other and from the facilitators.

What's expected?

The Ray of Light Yoga Teacher Training course is highly experiential, therefore attendance is mandatory and classes can only be missed in exceptional circumstances (see below for further information). Student participation and competency will be regularly assessed throughout the training with tests, practical examinations, discussions and teaching practice. If a student is deemed not competent, help can be provided with further study, practice and reassessment within the time frame of the course. In some exceptional circumstances some students may be deemed not competent.

Final assessments will be held on the October weekend. Students will be required to teach a component of a yoga class for their identified client group. You will also be required to sit a theory exam.

A daily self-practice with journaling is expected as part of the course. We invite you to schedule a private session with Rachel, a personal practice will be designed for you (cost for three one hour sessions \$280 or \$110 per hour). Rachel will also be available for one on one mentoring (\$110 per hour).

What if I can't attend a session?

We can accommodate up to 2 days of missed classes for the entire training

ray of light

DEPENDING on which days you miss. Missed sessions may need to be made up with private lessons with the appropriate teacher at a cost of \$110 per hour. You may split the cost with anyone else who has also missed the same session.

Please discuss absences with Rachel to ensure that no course work is missed. This is particularly important for those requiring certification.

What qualification will I gain?

On successfully completing the 200-hour Level 1 Teacher Training, you will be issued a Certificate of Yoga Teacher Training from Ray of Light Yoga. This is accredited by Yoga Alliance, the US based International Yoga Association at the 200-hour level. This means you will be able to get insurance and can start teaching.

What ongoing support is available after completing the course?

After completing the course you will be qualified to teach, however, additional training, mentoring/apprenticeship with Ray of Light Yoga is highly recommended. Continuing education is really valuable for additional learning, support and inspiration, and to keep you in contact with your teachers and peers. It's also a requirement of continuing membership of many yoga associations. We offer advanced teacher training (starting 2018), courses, teacher mentoring, retreats and trips to India for ongoing support after your training. All of these can count toward your continued learning and some towards your next level of Teacher Training if you are registered with Yoga Alliance/ Yoga Australia. See each individual program for more information. We suggest that you subscribe to our Newsletter to keep abreast of current events, and we strongly encourage you to stay in contact with your fellow Ray of Light trainees. Our Ray of Light Facebook page is great for keeping up to date and in contact with others.

What if I change my mind or am unable to complete the course?

Unfortunately there will be no refund or exchange to another course or event.